



# Meadlands Primary School



## Mallard Messenger

Our current school value is Kindness :



Date	Event	Applicable to
1.12.25	Xmas Workshop	Years 4 & 5
1.12.25	Swimming	Year 5
2.12.25	Xmas Workshop	EYS & Year 6
3.12.25	Xmas Workshop	Year 3
4.12.25	LAMDA Exam Day	LAMDA pupils
5.12.25	Xmas Jumper Day (with uniform NOT MUFTI)	All
6.12.25	PTA Winter Fair	Everyone welcome
8.12.25	Final Swimming	Year 5
9.12.25	Xmas Workshop	Years 1 & 2
11.12.25	Richmond Theatre – ‘Cinderella’	Year 2
12.12.25	Book Look – 3.30/4pm	All

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## Headteacher's Update



Dear Parents and Carers

It has certainly been a busy and exciting couple of weeks at Meadlands, with netball and football league matches, our maths curriculum evening, carol concert auditions and anti-bullying workshops.

Thank you to those parents who braved the cold November weather to join our problem-solving themed maths evening led by Mr Hepburn. As well as learning how problem solving is taught at Meadlands, parents also had the chance to try a few challenges themselves. Our key takeaways were the importance of having a go and the journey of problem solving even if you don't arrive at the correct answer and where possible exploring maths outside of school for example when shopping, cooking or telling the time.

If you were unable to attend, but would like to try some of the challenges, you can find them here:

Years 1 and 2: <https://nrich.maths.org/problems/inside-triangles>

Years 3 and 4: <https://nrich.maths.org/problems/zios-and-zepts>

Years 5 and 6: <https://nrich.maths.org/problems/light-blue-dark-blue-0>

Parents shared that they would appreciate more information about the maths key knowledge children are expected to learn. Our Key Instant Recall Facts (KIRFs) outline the essential knowledge children can practice at home. There are sheets per half-term, which detail the key knowledge and vocabulary along with activities that can support this learning. These can be found on the Maths page of our website under the KIRFs heading. [Click here to be directed to our Maths page](#)

Last Friday, Openview Education led a whole day of anti-bullying shows and workshops for the children. These were an enjoyable and interactive way for the children to learn about what bullying looks like, why you should stand up and call it out and not feel pressured to join in. The key message was "Your Power for good".

In this week's Tuesday assembly, we revisited a very important message about online safety, focussing on what is safe and not safe to share online. If you would like to follow this up at home we watched this video from Common Sense Education on private and personal information. [Private and Personal Information](#).

Our girls' netball team and boys' football team, both won their league matches last week. The girls achieved an outstanding 12-1 win against Deer Park and the boys secured an impressive 4-2 victory over St.Richards. The girls' football team won 3-1 against St.Marys, but despite lots of determination and enthusiasm lost against The Russel this week, but remained in good spirits throughout. Well done to all the children involved and thank you to Mr Penberthy, Mr Notice and Mr Edwards for their dedication and hard work in preparing their teams.

Next Friday, 5<sup>th</sup> December is **Christmas Jumper Day!** All children are invited to wear a Christmas jumper over their school uniform and if they want to wear a Christmas hat for the playground, that is also encouraged. This is in return for a bottle for our tombola for our Winter Fair, taking place on Saturday 6<sup>th</sup> December from 1-4pm. We really hope to see you all there.

You may see a familiar face from next week, as our Nursery Teacher and Early Years Lead Mrs Penberthy will be returning to Meadlands and the Hummingbird class after her maternity leave. We can't wait to welcome her back.

We wish you a relaxing weekend!





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# Safeguarding & Wellbeing



## 'Helping children with...' Webinars for parents 2025/26

Achieving for Children's Mental Health Support Teams are delivering a series of webinars for parents of primary-aged children. The 'Helping Children with ...' series of webinars will cover a range of common difficulties experienced by children and will aim to share evidence-based strategies to help parents and carers support their children with these difficulties. Below is a list of webinars on offer over the coming months.

Helping children with ...	Overview of webinar	Morning Sun	Evening Sun
<b>Worries and anxiety</b>	The 'Helping children with worries and anxiety' webinar will help you learn ways to support your child in dealing with their big feelings, worries, and fears. This webinar will give you practical ideas on how to help your child to think more positively and develop their self confidence. You will also be introduced to some helpful cognitive behavioural therapy concepts.	Tuesday 28th October	Tuesday 20th January
<b>Friendship difficulties</b>	In this webinar we will learn how to support our children develop their friendship skills: learning to communicate better, repair difficulties, and negotiate solutions when relationships between peers are tricky.	Thursday 20th November	Tuesday 27th January
<b>Challenging behaviours</b>	Children often communicate their needs through their behaviours. The 'Helping children with challenging behaviours' webinar will help you to learn about the different factors that can impact children's behaviours, build or strengthen positive relationships by reinforcing the importance of giving positive attention. You will also learn strategies to establish home rules and boundaries to create a safe and structured environment for your children.	Thursday 6th November	Tuesday 3rd February
<b>Digital wellbeing</b>	In this webinar we discuss the positive and negative impact of screen time and gaming on a child's mental wellbeing. We will share the recommendations for screen time based on age, how to have this conversation with your child in a positive and effective manner and a simple and effective way to manage the use of screens	Thursday 13th November	Tuesday 13th January



	in your home.		
<b>Self esteem</b>	In this webinar we will explore what self-esteem is, how low self-esteem can develop and be maintained, and will introduce some practical techniques to support you to improve your child's low self-esteem.	Thursday 27th November	Tuesday 10th February
<b>Transition to Secondary</b>	In this webinar we will explore the main worries children may experience when moving from primary to secondary school. We will help parents/carers think about the different ways to help to support and get their children prepared for the transition.	Thursday 7th May	Tuesday 19th May

\*All Webinars are 60 minutes long, with 15 minutes at the end for questions and answers.  
\*Please have a pen and paper handy for the webinar.

### How to sign up

Parents and carers can sign up to the webinars by scanning the QR code or using the link below.



[https://afc-self-achieveservice.com/service/MHST\\_Helping\\_Children\\_Webinars\\_Primary](https://afc-self-achieveservice.com/service/MHST_Helping_Children_Webinars_Primary)

You can choose the date you would like to attend, and will need to provide your email address, the school your child attends, and their year group.

### Who to contact

If you have any questions please contact the school Mental Health Lead, who will direct queries to the allocated MHST practitioner.



# Do you need help navigating SEND services and support?



## Join one of our Children's Services workshops to learn from experts.

We run regular face to face and online workshops for parents of children and young people with special educational needs and disabilities.

We cover anything from behavioural challenges, navigating the SEND legal system and health and social care pathways to supporting mental health and anxiety in our young people. Recent topics have included:

- Speech and Language therapy
- Disability Living Allowance and PIP
- Managing anxiety
- Decision-making and money matters
- Friendships and relationships
- Puberty
- Managing sleep
- Applying for an EHC Needs Assessment
- EHCP Annual Reviews

**Our workshops** are run in Richmond and Hounslow boroughs to provide parents and carers with information, practical strategies and support on a variety of subjects.

Workshops are charged at £5 per parents or carer or £10 for professionals.

**Our informal sessions**, SEND Advice Sessions and Bright Futures @Home, are free of charge and bring together smaller groups of parents for focussed discussion and information sharing.

### Contact us:

#### Tora Sykes

Children's Services Administrator

[torasykes@ruils.co.uk](mailto:torasykes@ruils.co.uk)

07377 971166

[www.ruils.co.uk](http://www.ruils.co.uk)



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October 2025  
Charity no: 1127896



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# School Success and Celebrations

## Achievement Certificate Winners:

Well done to the following children for being awarded an achievement certificate.

Year Group	Certificates awarded Friday 28 <sup>th</sup> November 2025			
	Pupil of the week	Challenge	Kindness	Other certificates
Nursery	Rayan	Hagen	Daisy	Amla
Reception	Magnus	Finn	Anaya	Joshua
Year 1	Molly	Layan & Aimé	Eva	Bella O
Year 2	Varun	Ameen & Otto	Noah	Aneirin & Riley
Year 3	William	Selena	Aaron	Charlotte
Year 4	Freddy	Amelia	Mia	Ruby
Year 5	Denis	Alba	Camille	Lisa
Year 6	Eric	Jago	Freddy	



Year Group	Certificates awarded Friday 21 <sup>st</sup> November 2025			
	Pupil of the week	Challenge	Kindness	Other certificates
Nursery	Noah	Billie	Arlo	Mila
Reception	Francis	Harvey	Emma	Leon
Year 1	Jakub	Kai	Khadija	Nina
Year 2	Sienna	Milo	Johnny	Ralph, Otto & Noah
Year 3	Alyssia	Dexter	Akein	Mela & William
Year 4	Nathan	Maxi	Olivia	Karris
Year 5	Alba	Sasha & Connie	Bonnia	Noah
Year 6	Hattie	Louis	Anyas	





## Attendance & Celebrations:



Week ending 28.11.25 - Well done to Year 3 for winning the attendance trophy again this week by achieving 97.7%.



Week ending 21.11.25 - Well done to Year 3 for winning the attendance trophy and achieving an attendance of 98.6% last week.



APOLLO

1936



ARTEMIS

2284



HESTIA

1827



POSEIDON

2534



## Class Updates

### Look at what Nursery have been learning...

In Nursery we have been looking at Goldilocks and the three bears. We made our own bears on the art table, acted out the story and even went around the school to see what we could find that was big, medium and small. We have also looked at Jack and the Beanstalk, thinking about what we would like to find at the top of a beanstalk from chocolate castles to giant pretzels!

We even got to go outside and play in the falling snow for a little a while! In between all of this we've been really busy practising our Nativity song I'm really impressed with how well everyone has learnt the words and actions.



### Look at what Reception have been learning...

The Puffins have loved exploring birthday celebrations. This is definitely a favourite! The children wrote their own party lists and invitations, decorated some birthday biscuits and created a birthday card. We have now moved onto Weddings this week, focusing on the book, A Scarecrow's Wedding. The children loved making their own life-size scarecrow, as well as some scarecrow puppets. We also drew our own wedding cake designs, choosing lots of different flavours and toppings.





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## Class Updates



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### Look at what Year 1 have been learning...

Over the last couple of weeks we have been exploring shapes in our Maths lessons. We looked at both 2D shapes (focusing on squares / rectangles, triangles, and circles) and 3D shapes (focusing on cubes / cuboids, spheres, square-based pyramids, cones, and cylinders). We took some of our learning outside to spot different shapes in the school playground, which the children really enjoyed. The children also had the opportunity to build their own creations using shapes — this hands-on learning really helped them to understand the properties of the different shapes.



### Look at what Year 2 have been learning...

Year 2 have been working super hard on their amazing stories. Based on the tale of the Snail and the Whale, they have crafted amazing stories about 'little and large' duos. They thought about how a big character (like the whale) and a little character (like the snail) could work together and go on amazing adventures. They have also included amazing descriptions of their characters and settings.

In Maths, they have been recognising and drawing 2D shapes. They have been using rulers and grid lines to draw shapes that are accurate and neat. Next week, they will be using their knowledge of shape to understand symmetry.

In Global Goals, they have learnt about over-fishing, and have come up with strategies for sustainable fishing practices.

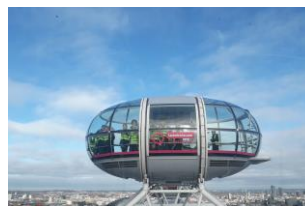


## Class Updates



### Look at what Year 3 have been learning...

Last Thursday, Year 3 embarked on a journey into central London in order to view and learn about London landmarks that link into our current Geography unit. We set off from school and, via the bus and train, landed in Waterloo ready for the London Eye. We were treated to a beautifully clear day and were able to see for miles around (approximately 25 miles!) pointing our key buildings from the city's rich history. Following some lunch in Jubilee Gardens, we then boarded the River Cruise. Our tour guide taught us some incredible facts about the bridges and buildings along the Thames and we waved to passers-by on the bridges – gaining 5 years good luck for being waved back to from Tower Bridge! Hopefully this will mean all future trips will be as good as this one!



### Look at what Year 4 have been learning...

This week Yr4 have been working really hard during Assessment Week. Everyone has been focussed on their tasks and helping each other with their work. In PE we have been practising our netball skills and team building. Yesterday we were lucky enough to have a tour of Strawberry Hill House, learning all about its extraordinary architecture and fascinating history. The main topic of the visit was to understand the importance of the stained glass windows and the way in which these were used to convey the interests of the time. A big thank you goes out to all the parents who kindly joined us on this trip - we couldn't do these without you!



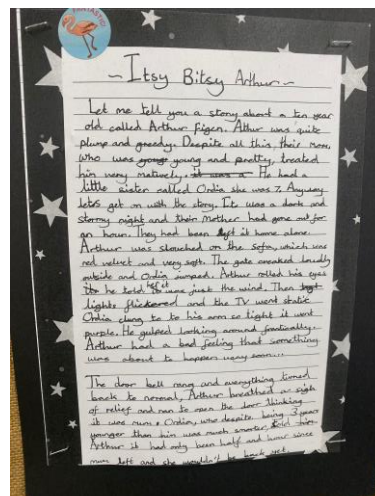
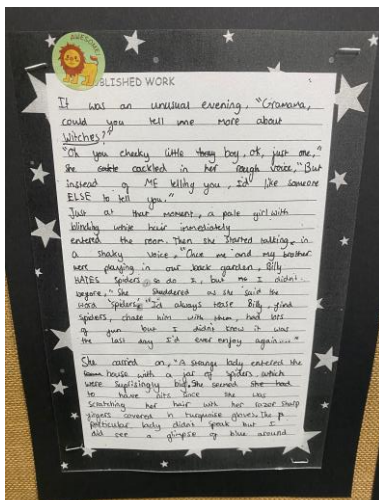


# Class Updates



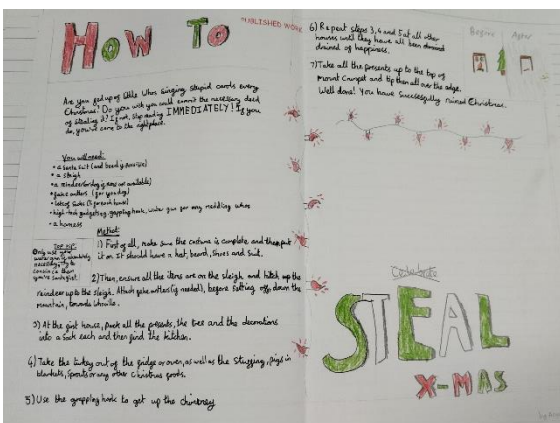
## Look at what Year 5 have been learning...

Year 5 have blown us away with their incredible suspense stories, which they have written and published over the past two weeks. We learnt about different features of suspense, such as giving the reader clues, using ellipsis and adding lots of detail to keep the reader waiting and the children applied this expertly to their stories.



## Look at what Year 6 have been learning...

After an incredibly adventurous few days at Bowles, Year 6 came back to instruction writing. After looking at the key features of the genre, we recapped how to use higher level punctuation (colons, semi-colons and dashes) and how to hook a reader into our writing. They then, successfully, wrote instructions on how to steal Christmas!





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## Meadlands Noticeboard

### **Safeguarding concern?**

Are you concerned about the safety or welfare of a child? Please contact the SPA (Single Point of Access). Phone 020 8547 5008. [You can make an online referral here.](#)

If you think a child is in immediate danger you should call 999.

### **Early Starts**

Please remember that if your child is coming into school early for whatever reason (clubs, boosters, sports events), they must enter via Breakfast Club and NOT the main entrance. Please also endeavour to arrive on time for clubs as late arrivals are disruptive for both staff and other students.

### **DISMOUNT FROM BIKES, SCOOTERS & SKATEBOARDS**

Please can you remind children that they must **dismount from bikes, skateboards and scooters at any of the small gates at the entrances to the school grounds.** They are NOT to scoot or cycle through the carpark or beyond these entrances. This includes early children attending for clubs and boosters.

### **Parking during drop off and pick up**

**According to Highway Code Rule 243: You must not park near a school entrance, anywhere you would prevent access for Emergency Services, at or near a bus stop or taxi rank, on the approach to a level crossing, opposite or within 10 metres (32 feet) of a junction, except in an authorised parking space, opposite a traffic island or (if this would cause an obstruction) another parked vehicle, where the kerb has been lowered to help wheelchair users and powered mobility vehicles, in front of an entrance to a property, on a bend where you would obstruct cyclists' use of cycle facilities except when forced to do so by stationary traffic.**

We are getting increasing numbers of complaints from neighbours and parents as parents are parking illegally on corners and across driveways at pick up and drop off times. This includes picking up after clubs when our car park is reserved for staff only. Please be considerate when parking near the school. We have asked for a traffic warden to patrol at the beginning and end of the school day.



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# Community Noticeboard

OLD KINGSTONIAN HC

SPECIAL NOVEMBER OFFER

## HOCKEY SKILLS CLUB

SCHOOL YEARS 5-10

Wednesdays 6-7:30pm @ Tiffin Girls' School

05 NOVEMBER- 03 DECEMBER 2025

IMPROVE YOUR HOCKEY SKILLS  
SKILLS SESSIONS & SMALL-SIDED GAMES

WE ARE OPENING OUR WEEKDAY JUNIORS TRAINING TO NON-MEMBERS THIS AUTUMN

INTRODUCTORY OFFER  
£ 42 PER PLAYER  
BOOKING CODE: NOV2025

JOIN THE CLUB  
EMAIL US AT [ADMINISTRATOR@OKHOCKEY.COM](mailto:ADMINISTRATOR@OKHOCKEY.COM),  
USE THE [BOOKING LINK](#)  
OR USE THE QR CODE

BROS THEATRE COMPANY PRESENTS

Lyrics by Scott Wittman  
Book by David Greig  
Music by Marc Shaiman

## CHARLIE AND THE CHOCOLATE FACTORY

Songs from the Motion Picture by LESLIE BRICUSSE and ANTHONY NEWLEY  
Based on the novel by ROALD DAHL

**RICHMOND THEATRE**  
Wed 18 - Sat 21 Feb 2026, 7.30pm  
Matinees Thurs 19 and Sat 21, 2.30pm  
BSL translated performance Thurs 19th, 7.30pm

Tickets from £24.20 (subject to booking fees)  
Discounts available for under-16s.

ATGTICKETS.COM/Richmond\* (Prices apply)

For group bookings of 10 or more submit a request online or call 020 7205 1176

Supporters to:

**HOME START**  
Richmond, Kingston & Hounslow

**FREE VOLUNTEER COURSE**

### Could you be our next Home Visiting Volunteer?

Local charity Home-Start RKH is offering a free six day course to train volunteers in providing emotional and practical support to parents with children under 5.  
Next course dates below.

If you'd like to know more please contact  
[volunteer@homestart-rkh.org.uk](mailto:volunteer@homestart-rkh.org.uk)  
07884 536161

Registered charity no: 1108975

The BridgeLink Centre, 373 Summerwood Road, Isleworth TW7 7QR

TUESDAYS: 3rd, 10th & 24th February; 3rd, 10th & 17th March 2026

9:45am - 2:30pm

## CHRISTMAS PAY AS YOU BOOK 1:1'S ARE BACK!

We all need a bit of flexibility this Christmas.

**ST RICHARDS, HAM**

- ★ 15<sup>th</sup> - 19<sup>th</sup> December
- ★ 4-6pm
- ★ 1:1 lessons
- ★ Warm water pool
- ★ Age 3+

Book as many lessons as you like, at a time that suits you each day.

EMAIL: [admin@springboardswimmers.com](mailto:admin@springboardswimmers.com)

THE EXCHANGE PLAYERS

TWICKENHAM YOUTH THEATRE

THE EXCHANGE

presents

# BEAUTY and the BEAST



## the pantomime

by  
Loz Keal

17 - 21 DECEMBER '25

WEDNESDAY 17<sup>TH</sup>

THURSDAY 18<sup>TH</sup>

FRIDAY 19<sup>TH</sup>

SATURDAY 20<sup>TH</sup>

SUNDAY 21<sup>ST</sup>

RELAXED 7PM

7PM

7PM

2PM & 6PM

2PM & 6PM

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of 4  
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only  
£65.50

[www.exchangetwickenham.co.uk](http://www.exchangetwickenham.co.uk)

