

Monday 13th September 2021

Dear Parents and Carers

Re: Birthday Treats

I am sure all of the children will be delighted to hear that we are now able to bring back birthday celebrations here in school.

It is of course completely optional whether a family wishes to send in a treat for the class on a child's birthday. There is no expectation from us that this should happen and it may well be something a family wishes to do outside of school rather than involve us, for example, at a birthday party.

However, if you do wish to celebrate your child's birthday by sending in a treat for the class, please be sure you follow our healthy living policy. This is very important as no one wants to upset any child especially on his or her birthday!

- No sweets and no chocolates or chocolate bars. If this is sent in, it will be returned.
- No large cakes, we do not have the time to slice and prepare individual portions from 1 large cake or tray bake.
- No nuts or seeds.
- No small plastic toys (such as those found in party bags or crackers, we are aiming to reduce our plastic use).

A number of our children have food intolerances and therefore will not be able to have a cake. Therefore you may like to offer an alternative for the whole class (see our suggestions below) or have 2 or 3 alternatives for those children who cannot eat dairy.

- ✓ Cupcakes or individually wrapped cakes.
- ✓ Pieces of fruit, again individual portions or fruit kebabs.
- ✓ A class book to donate to the class from the child, which can be read in class and added to the class library.
- ✓ A pencil each.
- ✓ A board game that can be donated to the class wet-play box and the children will get to use on wet days or special occasions.

Kind regards
Sophie McGeoch
Headteacher